



# Birchland Elementary School

1331 Fraser Avenue, Port Coquitlam, BC V3B 1M5

Phone: 604-941-3428 Fax: 604-937-8004

[www.sd43.bc.ca/school/birchland](http://www.sd43.bc.ca/school/birchland)

[birchland@sd43.bc.ca](mailto:birchland@sd43.bc.ca)

Mr. Shannon, *Principal*

March 2026

## COMO LAKE RELAYS -Thursday, April 16<sup>th</sup>

Dear Parents/Guardians,

We have a date the Birchland to participate in the School District #43 Coquitlam Annual Como Lake Relays. Birchland will run on Thursday, April 16<sup>h</sup>.

Here are some more details about this program:

- 1) **Students will need to bring:** water bottle, snacks, coat/jacket, hoodie/sweatshirt, runners, t-shirt (Please have them wear or bring their "Birchland" – blue shirt), shorts and/or track pants. Please dress for the weather. Students should be dressed appropriately for running. Proper shoes for running are essential for participation. This year we have the Student & Family Affordability Fund if you need assistance with purchasing shoes.
- 2) It is likely that we will need some parent volunteer drivers to transport children to and from Como Lake in Coquitlam after school on the day of the event. If you are interested in becoming a volunteer driver for students, please contact the office by email [birchland@sd43.bc.ca](mailto:birchland@sd43.bc.ca) or phone 604-941-3428 to determine which forms and paperwork you will need to have filled out and on file at the office. Or indicated on permission form next page for a hard copy to be sent home.

DATE: Thursday, April 16

DEPARTURE TIME FROM BIRCHLAND: 2:20 pm

EVENT TIMES: 2:50 to 5 pm (approx.)

PICK UP TIME @ COMO LAKE: 5 pm or sooner

PICK UP TIME @ Birchland 6 pm

**Parking:** Some at Porter Elementary around the lake. Your teams can then walk to Como Lake and enter the park from Milford Street. Remember that parking regulations are enforced on Gatensbury and the surrounding streets.

Thank you!

*Mrs. Cherry and Mr. Shannon*



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**Please complete and return by Thursday, April 2<sup>nd</sup> – Thank you!!**

The purpose of this letter is to inform you about the proposed Como Lake event involving your child, and to seek your support and written permission for your child to participate. Please note that participation in this activity is optional.

While school staff will take reasonable steps to prevent injuries to students, some degree of risk is inherent in the nature of activities and injury may occur without fault on the part of the student, the school board, its employees and volunteers, or the facility where the activity is taking place. By allowing your child to participate in this activity, you are agreeing that the activity described above is suitable for your child and acknowledging that you understand there is a risk of injury associated with it.

Principal: Mr. Shannon

My child and I understand that both the School District and School's Code of Conduct apply during the Como Lake Relays. I will be responsible for any costs caused by my child's failure to abide by the Codes of Conduct, including any costs to send my child home.

(Please print) I, \_\_\_\_\_, give permission for my child  
\_\_\_\_\_, to participate in Como Lake Relays on Thursday, April 16<sup>th</sup>.

Yes, I can drive to Como Lake & my child only

OR

Yes, I can drive to Como Lake and can drive # \_\_\_ of students. (This number of seat belts does not include a front-seat passenger air bag.). Your name: \_\_\_\_\_

I have completed a Criminal Record Check, Driver's Certification of Insurance, School Volunteer Package and provided Driver's Abstract. A copy can be obtained from office.

OR

Yes, please a volunteer package home with my child (ren).

Yes, I will meet you at Como Lake and drive my child home.

**Name of person picking up & Cell #:** \_\_\_\_\_

OR

Yes, I will pick up my child at Birchland Elementary at 6 pm.

**Name of person picking up & Cell #:** \_\_\_\_\_